

# Nordeli Estronza, M.D.

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## CERTIFICATION AND LICENSURE

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*Diplomate of the American Board of Psychiatry and Neurology (Neurology) - Maintenance of Certification* 2007, 2017

*Diplomate of the American Board of Psychiatry and Neurology (Neurology)* 1998

*Diplomate of the American Board of Electrodiagnostic Medicine* – Maintenance of Certification 2009

*Diplomate of the American Board of Electrodiagnostic Medicine* 2000

*Licensed in Texas, Virginia, Florida*

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## FELLOWSHIP TRAINING

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*Neuromuscular Diseases and Electromyography* July 1997 – June 1998  
State University of New York (SUNY) Upstate Medical University,  
Syracuse, New York

*Neuro-Ophthalmology* July 1996 – June 1997  
SUNY Upstate Medical University,  
Syracuse, New York

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## RESIDENCY TRAINING

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*Department of Neurology* July 1993 – June 1996  
SUNY Upstate Medical University,  
Syracuse, New York

*Chief Resident* July 1995 – June 1996

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## INTERNSHIP

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*Department of Medicine* July 1992 – June 1993  
SUNY Upstate Medical University,  
Syracuse, New York

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## EDUCATION

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*Doctor of Medicine* August 1988 – May 1992

Ponce School of Medicine,  
Ponce, Puerto Rico

*Honors/Awards*

- Alpha Omega Alpha (Beta Chapter), Honor Medical Society, 1991
- Outstanding Young Woman of America, 1989

*Bachelor of Science (Cum Laude) Biology Major* August 1984 – May 1988

University of Puerto Rico, Mayaguez Campus  
Mayaguez, Puerto Rico

Honors/Awards:

- BBB - Biological Honor Society, 1988
- ITT World Communication Scholarship: First Prize in literary contest for essay titled "Technology in Our Daily Life": 1984-1988

WORK EXPERIENCE

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| <b><i>Private Practice of Neurology</i></b><br>Austin Neurology & Sleep Associates<br>711 W 38 <sup>th</sup> St Suite E1<br>Austin, Texas   | October 2018-Present                           |
| <b><i>Staff Neurologist</i></b><br><b><i>EMG's / General Neurology / Lead Physician ALS Multidisciplinary Clinic</i></b><br>Central Texas Veterans Health Care System<br>7901 Metropolis Drive<br>Austin, Texas   | July 2008-September 2018                       |
| <i>Clinical Assistant Professor of Neurology</i><br><i>University of Texas Dell Medical School</i><br>Volunteer Faculty Appointment / Teaching of Neurology and<br>Internal Medicine Residents  | December 2010-Present                          |
| <b><i>Private Practice of Neurology</i></b><br>General Neurology, Electrodiagnostics,<br>Neuro-Ophthalmology and Clinical Research<br><u>Roanoke Neurological Associates (RNA)</u> , and<br>Blue Ridge Research Center,<br>4431 Starkey Road, Roanoke, Virginia | August 2000 – May 2008                         |
| <i>Clinical Assistant Professor of Neurology,</i><br><i>Carilion-University of Virginia Roanoke-Salem Program</i><br>Teaching of Medical Students and Residents (Internal Medicine, Psychiatry<br>and Family Practice)  | January 2004 – May 2008                        |
| <b><i>Attending Neurologist</i></b><br>Rochester General Hospital,<br>Rochester, New York   | July 1998 – January 2000                       |
| <b><i>Staff Physician</i></b><br>Veterans Affairs Medical Center,<br>Syracuse, New York<br><i>Compensation and Pension Clinic</i><br><i>Department of Neurology</i>   | July 1996 – July 2000<br>July 1996 – June 1998 |

RESEARCH EXPERIENCE – BLUE RIDGE RESEARCH CENTER, ROANOKE, VA (Aug 2000- May 2008)

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- Principal Investigator: Double-Blind, Randomized, Placebo-Controlled Study of Atorvastatin in Prevention of Cerebrovascular Events in Patients with a Previous Transient Ischemic Attack (TIA) or Stroke.
- Principal Investigator: Randomized, Multicenter, Parallel Group, Open Label Study Comparing the Tolerability of Rebif Injection With and Without the Use of Rebiject Mini in Relapsing, Remitting Multiple Sclerosis in Patients.

- Principal Investigator: An Open Label Study Evaluating the Ability of Multiple Sclerosis Patients On Chronic Rebif 44 mcg tiw Treatment to Mount an Immunological response to Influenza Vaccine.
- Principal Investigator: Phase IV, multicenter, open label, randomized study of Rebif 44 mcg administered three times per week by subcutaneous injection compared with Copaxone 20 mg administered daily by subcutaneous injection in the treatment of relapsing remitting multiple sclerosis.
- Principal Investigator: A double-blind, placebo controlled multi-center study to evaluate the efficacy and safety of MBP8298 in subjects with secondary progressive multiple sclerosis.
- Investigator: REACH Registry. An international Prospective Observational Registry in Subjects at Risk of Atherothrombotic Events.
- Investigator: Randomized Double-Blind, Parallel Group, Monotherapy Study to Compare Safety and Efficacy of Two Doses of Topiramate in the Treatment of Newly Diagnosed or Recurrent Epilepsy.
- Investigator: Safety and Efficacy of Zolmitriptan versus Placebo in the Treatment of Migraine.
- Investigator: A Multicenter, Multinational, Phase III, Randomized, Double-Blind, Placebo Controlled Trial of the Efficacy and Safety of the Rotigotine CDS Patch in subjects with Early Stage, Idiopathic Parkinson's Disease.
- Investigator: A Multicenter, Multinational, Phase III, Randomized, Double-Blind, Parallel Group, Placebo Controlled trial of the Efficacy and Safety of Rotigotine CDS Patch (2 Target doses) in Subjects with Advanced Stage, Idiopathic Parkinson's Disease Who Are Not Well Controlled on Levodopa.
- Investigator: CHARISMA Clopidogrel for High Atherothrombotic Risk and Ischemic Stabilization, Management, and Avoidance.
- Investigator: A Randomized Rater-Blinded, Multicenter, Parallel Group Study Comparing the Efficacy and Safety of Betaseron 250 mcg Subcutaneously Every Other Day with Avonex 30 mcg Intramuscularly Once Per Week in Relapsing, Remitting Multiple Sclerosis Patients Previously Treated with Avonex.

## PUBLICATIONS AND PRESENTATIONS

- ***Brain: Trauma, Drugs and Toxins*** Deborah I Friedman, MD; Nordeli Estronza, MD, In *Ophthalmology: Yanoff M. Duker J., eds.*, Section 11: pp 24.1-24.4 Mosby Co., London, UK.
- ***Motor Unit Number Estimation in Conduction Block*** N Estronza, DY Bradshaw, and JM Shefner. Abstract presented at the Forty-Fifth Annual Scientific Meeting of the American Academy of Electrodiagnostic medicine, October 1998.
- ***Design and Baseline Characteristics of the Stroke Prevention by Aggressive Reduction in Cholesterol Levels (SPARCL) Study.*** The SPARCL Investigators. *Cerebrovascular Diseases* 2003; 16:389-395.

## AFFILIATIONS

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- American Academy of Neurology
- American Association of Electrodiagnostic Medicine
- Texas Neurological Society
- Alpha Omega Alpha Honor Society
- Texas Medical Association
- Travis County Medical Society

## PERSONAL DATA

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- Languages Spoken: Fully bilingual in English and Spanish